

# May – June '08

For latest updates go to [www.chdolphins.net](http://www.chdolphins.net)

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
25	26 <b>Memorial Day</b>	27 <b>First Evening Practice</b> (see below for times)	28 Evening Practice	29 Evening Practice <b>New Parent Meeting 7:30 pm</b>	30 Evening Practice <b>New Parent Meeting 6:30 pm</b>	31
1	2 Evening Practice	3 Evening Practice	4 Evening Practice	5 Evening Practice	6 Evening Practice	7
8	9 Evening Practice	10 Evening Practice	11 Evening Practice	12 Evening Practice	13 Evening Practice	14 <b>TIME TRIALS HOME</b> Warm-ups 7:00 am 8:00 – 12:00 am
15 <b>Father's Day</b>	16 Evening Practice	17 Evening Practice <b>Last Day of School FCPS</b>	18 1 <sup>st</sup> Morning Practice <b>1<sup>st</sup> Meet vs Hayden Village Home 4:45</b>	19 Morning Practice	20 Pictures 8:00 am Practice only for swimmers in Saturday's Meet	21 <b>MEET @Broadlands 7:15 am</b> Caravan 6:15
22	23 Morning Practice	24 Morning Practice	25 Morning Practice <b>MEET @ Sequoia Farm 5:15 pm</b> Caravan 4:00 OH	26 Morning Practice	27 Morning Practice	28 <b>MEET vs Franklin Farm HOME 6:45 am</b>

## PRATICE TIMES – Monday thru Friday

May 27 - June 17 (evening practice)

6:00-6:30 8 and under (no minis)

6:30-7:15 9-11

7:15-8:15 12-18

BEGINNING Wednesday, June 18 (morning practice)

7:45 - 8:45 9 -10

8:45- 10:00 11 & over

10:00 - 10:45 8 & under

10:30 - 11:00 Mini-Dolphins

## MEET TIMES

Weekday Meets 6:00 pm

Saturday Meets 8:00 am

# July – August '08

For latest updates go to [www.chdolphins.net](http://www.chdolphins.net)

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
29	30 Morning Practice	1 Morning Practice	2 Morning Practice <b>MEET vs Armfield Farm Home 4:45 pm</b>  Blood Drive	3 Morning Practice	4 7:45-8:45 Practice only for swimmers in Saturday's meet. No Minis <b>4<sup>th</sup> of July Pot-Luck Swim Party 9:00 – 11:00 am</b>	5 <b>MEET Vs. Burke Center Home 6:45</b>
6	7 Morning Practice <b>IM Tuff Invitational Home 4:45</b>	8 Morning Practice	9 Morning Practice <b>MEET @ Broadlands 5:15 pm</b>	10 Morning Practice	11 Morning Practice  8 & Under Social 11:00 -1:00 Pool Party	12 <b>MEET @ Ashburn Village 8:15 am Caravan 7:15</b>
13 <b>RELAY CARNIVAL SUGARLAND RUN Meet 8:00 am Warm up time TBD 9-10 Social 5:00-7:00 Shadowland</b>	14 Morning Practice	15 <b>Practice TBD KINGS DOMINION</b>	16 Morning Practice <b>MEET Vs. Chantilly National HOME 4:45 pm Kick Board Race</b>	17 Morning Practice	18 Morning Practice	19 <b>MEET @ Ashburn Farm 7:15 am Caravan 6:15</b>
20	21 Divisional & Minis practice <b>Lollipop Meet @ Hayden Village (TBD)</b>	22 Divisional & Minis practice	23 Divisional & Minis practice	24 Divisional & Minis practice	25 Divisional & Mini Practice  Divisional Breakfast	26 <b>DIVISIONALS @ Franklin Farm Meet 8:00 am Warm up time TBD</b>
27 <b>Award Banquet</b>	28 All Stars Practice	29 All Stars Practice	30 All Stars Practice	31 All Stars Practice	1 All Stars Practice	2 <b>ALL STARS @ BURKE CTR Meet 8:00 am Warm up time TBD</b>

The main communication channels for the Dolphins are: Our team website and Dolphins group email.  
New Swim Team Families: Please visit Dolphins Website: <http://www.chdolphins.net/> to sign up for group email.