



## Chantilly Highlands Dolphins 2010-2011 Winter Swim Program

**DESCRIPTION:** Our Winter Swim program is as a tremendous **swimming maintenance program** for our Dolphins Summer swim team. These are NOT developmental swim lessons. The sessions run very similar to summer swim team practices.

**SCHEDULE:** 1-hour sessions most weeks throughout the 2010-2011 school year

**Day & Time:** Saturdays from 6 p.m. to 7 p.m.

**Location:** Cub Run Recreation Center

**Start Date:** September 18, 2010

**End Date:** May 21, 2011

**No Session on:** Nov 6, Nov 27, Dec 18, Dec 25, Jan 1, Jan 29, Apr 23

**REGISTRATION REQUIREMENTS:** Open to all current Chantilly Highlands Dolphin summer swimmers.

- Swimmers **must** be 5 years old by September 30, 2010.
- Swimmers **must** be able to swim 25 yards freestyle and backstroke.
- Swimmers **must** be comfortable in lanes more than 5  $\frac{1}{2}$  feet deep.

**COST:** \$175 per eligible swimmer.

### REGISTRATION PROCESS:

- 1) Print and fill-out the Winter Swim Registration Form from the swim team's website ([www.chdolphins.net](http://www.chdolphins.net))
- 2) Submit the completed registration form, along with the \$175 registration fee per child **payable to "CHHA"**. Place the form and payment in the WINTER SWIM folder located in the family boxes or turn in at the End of Season Social, July 31.
- 3) After July 31, registration forms and payment must be sent to Kelly Rowell at 3017 Taylor Makenzye Ct, before August 21.

**NOTE:** We must have a minimum number of swimmers to conduct the Winter Swim Program. **If we do not have enough swimmers registered and paid in full by August 14<sup>th</sup>, the Winter Swim program will be cancelled.** All registered swimmers will be notified by email on August 16<sup>th</sup> to confirm participation in this program.

**QUESTIONS:** email [chdolphins@gmail.com](mailto:chdolphins@gmail.com)